

Useful Contacts and Resources for Children, Young People, Families & Communities

The Y WA advocates for promoting community-wide awareness of the rights of Children and Young People to feel safe and be safe. This includes in their homes, their communities and when in organisations. Listed below are some useful community contacts and resources:

Emergency: Ambulance, Fire or Police	000
Interpreter Service Nationwide	1300 308 983
Department of Communities, Child Protection and Family Support	1800 273 889
Ombudsman Western Australia	08 9220 7471
Y Safeguarding	safe@the-y.org.au
National Office for Child Safety	Contact Us Form
Beyond Blue	1300 224 636
Someone to talk to if feeling anxious or depressed, including postnatal depression	
eSafety Commissioner	Contact eSafety
Helps Australians have safer and more positive experiences online	
Parents eSafety Commissioner	
https://www.esafety.gov.au/first-nations	
https://www.esafety.gov.au/about-us/counselling-support-services	
Lifeline	13 11 14
All ages. All issues. Phone counselling and online chat available all day, every day.	
Health Direct Australia	1800 022 222
Free 24 hour health advice	
Poisons Information Centre	13 11 26
National Disability Services	9242 5544
Mental Health Emergency Response Line	1300 555 788
Crisis: Help and support	Metro: 61 8 9223 1111
	Country: 1800 199 008
Kids Help Line	1800 55 1800
Kidsafe WA	08 6244 4880

information on preventing child injuries at home and in the community

[Red Nose Australia](#) 1300 998 698

Information on safe sleeping for babies and toddlers

[1800RESPECT](#) 1800 737 732

National Domestic Family and Sexual Violence Counselling

[SNAICC](#) 03 9419 1921

National Voice for Aboriginal and Torres Strait Islander Children

[Zonta House Refuge Association](#) 1800 870 149 option 5

[Stop it Now! Australia](#) anonymous helpline 1800 01 1800

Parenting help

[Healthy WA](#) [online form](#)

Health information for West Australians

[Raising Children Network](#)

Parenting videos, articles and apps backed by Australian experts

[Ngala](#) 9368 9368

Outside metropolitan area 1800 111 546

Parenting help for families with children aged 0 to 18 years

[FREE RESOURCES — Educate2Empower Publishing \(e2epublishing.info\)](#)

safe4kidssongs

Safe4kidssongs videos are based on Protective Education designed to help share positive messages of safety for children. These Child Safety videos are made by Children from the Imanpa and Amoonguna communities of the Central Desert and can be accessed using the links below:

[Red Flags – written by children from Kalaringi](#)

[Think Before You Post – written by children in Santa Teresa](#)

Royal Commission into Institutional Responses to Child Sexual Abuse

[Royal Commission into Institutional Responses to Child Sexual Abuse](#)